



MEET in Oxford

Clinical Lead

We are pleased to be recruiting for a new position within MEET in Oxford. This is a post for a qualified therapist and offers the chance to help develop this small Oxfordshire charity in new directions, alongside the opportunity to work with a wide range of clients seeking free or very low-cost trauma focused therapy.

Job Title: Clinical Lead

Hours: 11 hours per week, mostly worked flexibly between Monday-Friday 9am-5pm, with attendance (online) most weeks at Monday's management meeting (12.30 – 1.30pm). Occasional evening work may be required.

Place of work: Most work will be done remotely but you need to be within travelling distance of Oxford for occasional meetings and to run support groups.

Salary: £9,800.00 for 11 hours per week (FTE £32,073.00)

Annual leave: 25 days pro rata plus 8 days pro rata for bank holidays

Contract type: 18 months in the first instance, with three months probationary period. We aim to fundraise to make this post long term.

Closing date for applications: 16th September

Interview date: 29th September in Oxford

About the charity

MEET in Oxford was started in 2014 as a small (three therapists) trauma focused therapy service for people living in Oxfordshire who could not afford private therapy fees or get the support they needed from the NHS. We now work with 14 psychotherapists who each take one or more MEET in Oxford clients at a time to offer the trauma therapy treatments EMDR (Eye Movement Desensitisation and Reprocessing) and Energy Psychotherapy.

Unusually for a charity, we only work with experienced therapists (not trainees) who have undertaken additional trainings in EMDR or energy therapies. All our therapists give their time *pro bono*. Another unusual aspect of our work is that we offer clients a generous 26 one-to-one sessions; these are mostly online but we have a few spaces for particularly vulnerable clients who need to be seen in person.

Clients may self-refer, and we also take referrals from organisations including the Oxfordshire Domestic Abuse Service, Crisis, Victims First, the university counselling service, and specialist NHS services. Two years ago, we employed our first paid worker, a part-time service coordinator. The charity is currently managed by her day-to-day, with support from a management group of experienced therapists who meet weekly.

Job Description

This is a new role and we do not wish to be over-prescriptive as we are looking for someone who is excited by the idea of helping to develop the charity and will bring their own ideas.

However, the role is likely to include the following:

- Provide clinical oversight: have responsibility, with support from the management group, for maintaining an overview of the work we do and how we deliver it.
- Work closely with the coordinator: some tasks will be shared.
- Carry out some of the client assessments: this aspect of the role will be shared with members of the management group.
- Attend weekly management group meetings and some peer supervision groups: therapists working with MEET in Oxford are required to attend a monthly group and there are currently three such groups.
- Match clients on the waiting list with suitable therapists: in collaboration with the management group.
- Take the lead on organising and running groups for individuals on our waiting list: we aim to increase the number of groups we can offer, some in person, some online.
- Offer a weekly therapy appointment to a MEET client.
- Look for new ways of providing support to our clients: for example, supportive drop-ins.
- Be responsive to opportunities to work with particularly hard-to-reach individuals: for example, through developing partnerships with other organisations and services in Oxfordshire.
- Develop the involvement of our volunteer therapists: for example, in the running of support groups.
- Work with the management committee to recruit new therapists to join us as volunteers.

Person Specification

Essential

- You need to be a fully qualified, experienced therapist, registered with UKCP or an equivalent body, with particular experience working with trauma.
- An interest in helping find new ways of working with people who normally find it hard to access therapeutic services, and in raising the profile of the approaches we use.
- Ability to think strategically, with the flexibility to respond to opportunities for working with other organisations and to look for ways of making the service accessible to more people.
- A commitment to supporting people who are living with the impacts of trauma, along with an understanding of the world of therapy and of organisations working with vulnerable people.
- Ability to work collaboratively and to communicate effectively and sensitively.
- Excellent time management and computer skills.

- Able to attend Monday management group meetings and quarterly trustee meetings (early evenings). At the moment, these are held online.

Desirable

- Ideally, we are looking for a qualified therapist who has undertaken additional training in EMDR or Energy Psychotherapy and has experience working with one or both of these approaches. However, for the right candidate MEET would consider supporting them through one of these trainings.
- Experience running groups and happy to do so online. (We currently run psycho-educational support groups for clients on our waiting list and we wish to expand this programme.)
- Familiarity and competence in using social media.

Safeguarding

MEET in Oxford is committed to safeguarding vulnerable adults. This role is subject to a DBS check and two references.

Applicants may request to see our Policy on the Recruitment of Ex-Offenders.

Equal Opportunities and Disability

MEET in Oxford welcomes applications from all suitably qualified applicants, regardless of age, disability, sex, sexual orientation, gender identity, race, religion or national origin. If you have any concerns about the role or the application process that may relate to a disability, please contact us

admin@meetinxford.org

How to apply

Please send your CV with an accompanying letter demonstrating how you fit the criteria for this post.

Applications should be sent to admin@meetinxford.org

For further information

There is more information about the charity, including our latest annual report, on our [website](#).

You are welcome to contact the Coordinator, Ana admin@meetinxford.org for an informal chat. She is not a therapist so any clinical questions will be passed on to one of the therapists on the management group, who will be happy to talk to you.